



Ministry of Health and Social Services

Republic of Namibia

COVID-19	Country affected	Namibia
15.05.2020 22:30	Investigation start date	13 March 2020

Date of outbreak declaration in Namibia: 14 March 2020.

1. SITUATION UPDATE / HIGHLIGHTS

- No new confirmed case was reported in the last 40 days (5 April 15 May 2020).
- Cumulatively, 16 confirmed cases have been reported in the country, to date.
- Of the 16 confirmed cases, thirteen (13) have recovered
- Supervised quarantine for all people arriving from abroad, for 14 days is ongoing.
- Stage 1 of the state of emergency ended on 4 May 2020, and stage 2 is ongoing from 5 May until 2 June 2020;
 - Wearing a mask in public is mandatory
 - All borders will remain closed except for essential/critical services and humanitarian support to the response.
 - All other prevention measures are applicable to the entire country

2. BACKGROUND

Description of the cases

- Index cases: Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-year-old male and a 25-year-old female, arrived from Madrid, Spain on 11 March 2020.
- Total number of imported cases currently stands at 13 while 3 cases are local transmissions.
- There is no evidence of community transmission in the country at the moment.

Reporting Active cases **Total Cases** New cases Recovered Death region Khomas 11 0 2 9 0 1 0 0 1 0 //Karas 3 0 Erongo 4 0 1 0 Total 16 0 3 13 3 2 Number of cases 1 0 2020/03/10 2020/03/13 2020/03/14 2020/03/15 2020/03/16 2020/03/18 2020/03/19 2020/03/22 2020/03/26 2020/03/28 2020/03/29 2020/03/30 2020/03/08 2020/03/09 2020/03/20 2020/03/23 2020/03/24 2020/03/12 2020/03/17 2020/03/21 2020/03/27 2020/03/11 2020/03/25

Table 1: Confirmed cases by region as of 15 May 2020

Figure 1: Epi-curve for COVID-19 confirmed cases in Namibia as of 15 May 2020

Date of symptoms onset

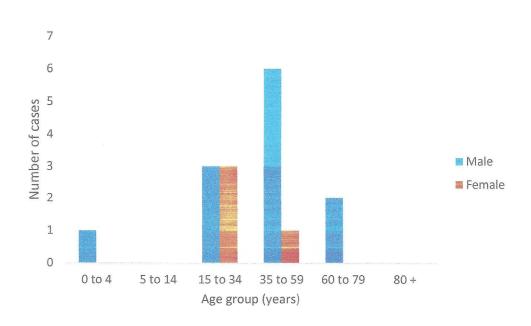


Figure 2: Age and sex distribution for COVID-19 confirmed cases in Namibia as of 15 May 2020

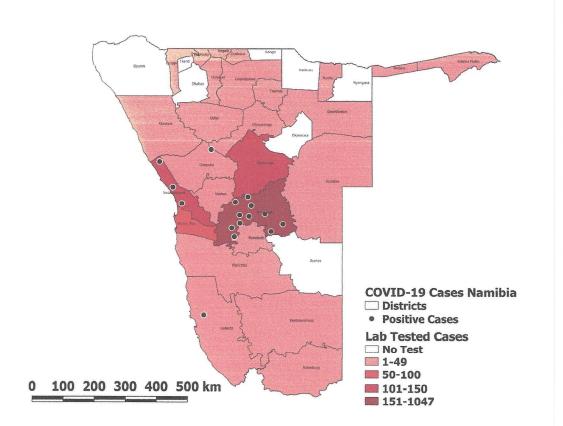


Figure 3: Suspected and confirmed COVID-19 cases in Namibia per District, 15 May 2020

3. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS EPIDEMIOLOGY & SURVEILLANCE

• Case definitions as of 20 March 2020:

Suspect case:

A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset;

OR

B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset;

OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

Probable case: A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

Confirmed case: A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

Active surveillance working case definition as of 20 April 2020

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

• Surveillance activities

- Daily pillar and intra-pillar discussions are held to deliberate daily progress, gaps and way forward;
- Call centre continue operations for 24 hours every day.
- Data entry is ongoing and real-time data dashboard has been completed and ready to be launched soon.

- Continous support for the COVID-19 intergrated online training in partnership with WHO is ongoing.
- Active case search in all regions aimed at looking for possible community transmission is ongoing.
- Weekly ZOOM sessions with regional teams is on going last meeting held 15 May 2020
- Contact tracing is ongoing (see table 2).
- People under mandatory quarantine are being monitored daily (see table 3) and will be tested on day 12 before release on day 15 if they test negative.

Contact tracing Summary

Table 2: National contacts tracing summary for COVID-19 as of 15 May 2020

Variables		Medium	Low	Total
Total Number of contacts listed (potential)	70	52	137	259
Total number of Contacts never reached	0	0	16	16
Total Number of contacts identified	70	52	121	243
Total Number of contacts that developed signs & symptoms	25	8	7	40
*Total Number contacts without signs & symptoms TESTED	20	5	27	52
© Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts tested positive (became cases)	3	1	0	4
Number of active contacts monitored/followed in the last 24hrs	3	0	0	3
Total number of Contacts completed 14-days follow up	64	49	116	229
				1

*Number of contacts without signs & symptoms tested. One tested positive.

© Seven contacts are lost to follow up, all are non-Namibians and have travelled back to their countries of origin.

Region	Newly	Cumulative	Number of	Number of people	
	quarantined	number of	people	in quarantine	
	24hrs	people	discharged	now	
Kunene	16	42	1	41	
Omaheke	1	43	18	25	
Kavango	0	4	2	2	
Omusati	6	71	41	30	
Oshana	1	8	5	3	
Ohangwena	0	131	55	76	
Hardap	32	102	40	62	
Otjozondjupa	0	215	153	62	
Khomas	2	296	190	106	
Zambezi	7	174	111	63	
//Karas	0	190	99	91	
Erongo	0	47	35	12	
Total	65	1323	750	573	

Table 3: Number of people in mandatory quarantine facilities as of 15 May 2020

LABORATORY INVESTIGATIONS

• As of 15 May 2020, 2101 COVID-19 specimens were tested in the two laboratories (NIP and Path Care) as per table 4. below:

Table 4: COVID-19 specimens recorded at NIP and Path care Laboratories as of 15 May2020

	Laboratory			Tetal
Variables	NIP	Path care	South Africa	- Total
Total sample received by the Laboratory	1727	566	-	2293
Total sample tested	1556	545	-	2101
Total sample re-tested	112	9	-	121
Total results positive	9	6	*1	16
Total results negative	1547	539	-	2086
Total sample discarded	58	8		66
Total results pending	1	0	-	1
Total results inconclusive/indeterminate	0	0	-	0
@Total new suspected cases in last 24 hours	89	59	-	148

*1 Patient specimen collected and tested in South Africa, he travelled back before results came out (a) Total new suspected cases laboratory results received within past 24 hours

COORDINATION AND LEADERSHIP:

- Feedback meetings of pillar leads and Incident manager (IM) are ongoing (3 times a week), to share accomplishments and to address key challenges.
- Integrated online trainings started on 6 May 2020 and ongoing.
- Submitted final inputs on SOPs and indicators to pillars for finalisation and submission to management for endorsement.

CASE MANAGEMENT :

- Out of the 16 cumulative confirmed cases, 13 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- The remaining 3 active cases are in stable condition and are all asymptomatic.

INFECTION PREVENTION AND CONTROL:

- Conducted a briefing on the use of masks in public places at a media centre
- Completed a 3-day IPC online training session with over 100 participants with very good feedback from participants.
- Completed IPC Facility Readiness Checklist from regions and continue engaging the Case Management team.
- Distribution of PPE according to the plan for the regions is ongoing.

LOGISTICS:

- Facilitation of the allocation of quarantine facilities in the country and transportation for discharged people from quarantine facilities is ongoing.
- Provision of commodities' specifications and verification for procurement is being done regularly.

POINTS OF ENTRY:

- Screening and inspection of incoming travellers and trucks at points of entry and check points are ongoing
- NUST provided a presentation on a demo software for tracking truck drivers traveling through Namibia.
- Points of Entry pillar is currently setting up the regions for receiving daily reports on the activities at all Points of Entry.

- Conducted two online integrated training session on SOPs at POE in the country
- Finalised the SOP for management and monitoring of trucks and other vehicles and shared with ministry of works and Transport to add their inputs

RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:

- The communication hub continues to give updates on COVID-19 and clarify miscommunications on a daily basis.
 - This is done concurrently with the social media updates.
- The Media continue to communicate messages on COVID-19 and the lifting of the lockdown to stage 2.
- The RCCE continues to share messages on COVID-19 prevention measures.

PSYCHOSOCIAL SUPPORT SERVICES:

• Provision of health education, psychosocial support services, as well as food at places where persons in need of shelter are placed are ongoing.

4. CHALLENGES:

- Inadequate isolation units at health facilities in the regions.
- Unavailability of probes and primers for NIP laboratory to start testing for Seasonal Influenza (H1N1).
- Inadequate PPE
- Delayed distribution of viral swabs to different regions

5. RECOMMENDATIONS AND WAY FORWARD:

- Establish fully equipped isolation units at health facilities in the regions.
- NIP to fast track procurement process for laboratory testing kits (probes and primers) for Seasonal Influenza (H1N1) testing.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to fast track the distribution of viral swabs to regions

Approved:

mf

Secretariat

Incident Manager Date: 15 May 2020